

Mawson Lakes School Wellbeing Framework

The Framework

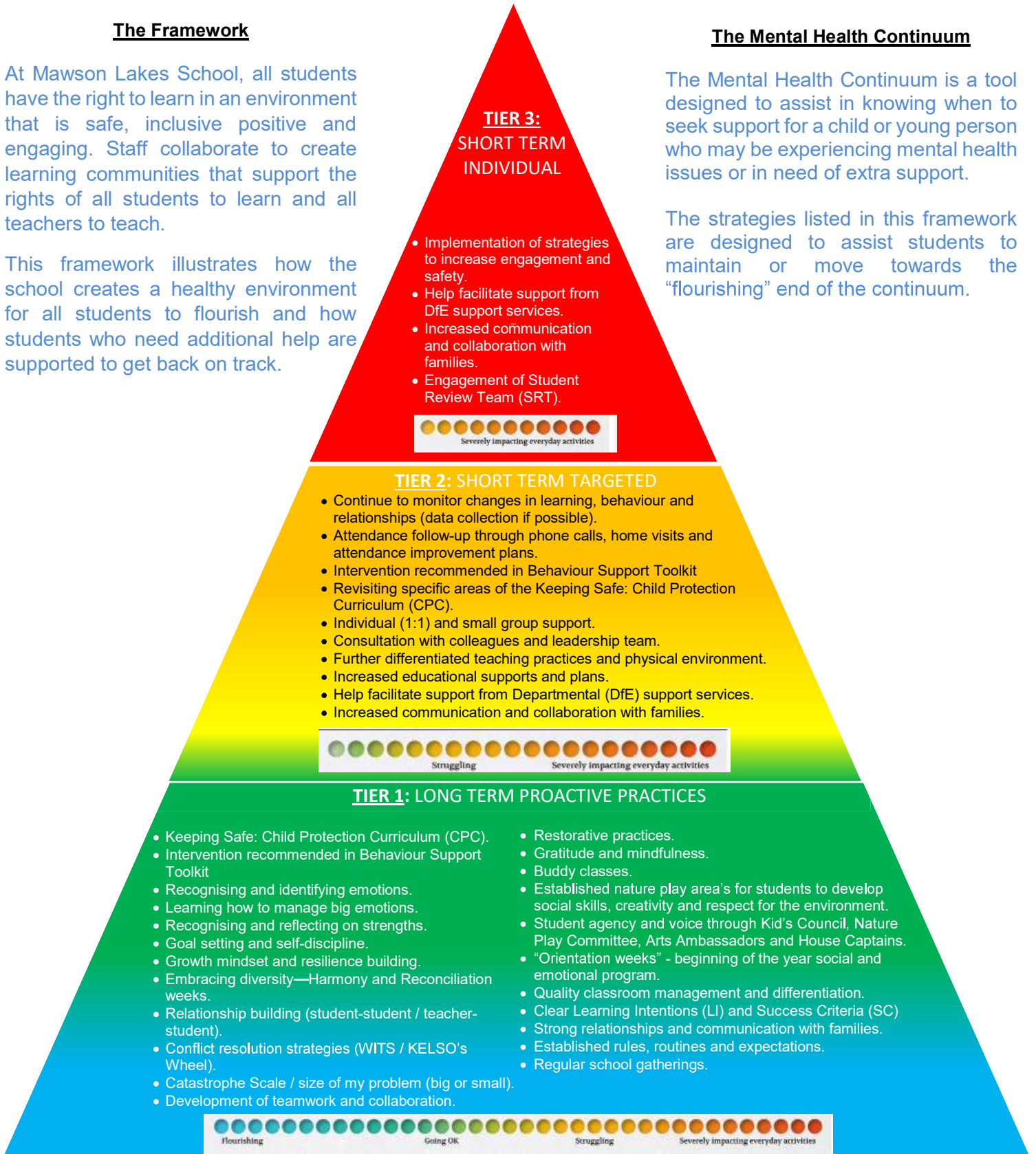
At Mawson Lakes School, all students have the right to learn in an environment that is safe, inclusive positive and engaging. Staff collaborate to create learning communities that support the rights of all students to learn and all teachers to teach.

This framework illustrates how the school creates a healthy environment for all students to flourish and how students who need additional help are supported to get back on track.

The Mental Health Continuum

The Mental Health Continuum is a tool designed to assist in knowing when to seek support for a child or young person who may be experiencing mental health issues or in need of extra support.

The strategies listed in this framework are designed to assist students to maintain or move towards the “flourishing” end of the continuum.



Mental Health Continuum



	Flourishing	Going OK	Struggling	Severely impacting everyday activities
Level of concern	Very low	Low	Moderate	High
Core features	Optimal wellbeing	Overall positive wellbeing with a few isolated experiences of distress	Occasional and time limited periods of distress with mild impact on wellbeing	Poor mental health and wellbeing causing distress and significantly impacting on daily experiences
Support focus	Maintain	Enhance	Monitor & Internal Support	External Support & Collaboration

